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## Timber, Light and Health - Stommel Haus and leolightdesign work together to provide healthy living for clients in the UK

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**Stommel Haus**, a German Premium Manufacturer of contemporary timber houses and **leolightdesign**, independent lighting designers specialising in light and health from Manchester, work together to provide attractive, sustainable and healthy homes.

The Stommel Haus principles to build sustainable, energy efficient and healthy timber houses of best quality and architecture match those of leolightdesign who understand the impact of light on health and well being of people and who apply their knowledge to create healthy living environments, believing that good quality lighting is integral to architecture.

Leolightdesign model light to reveal the beauty and style of the architectural spaces and show the visual boundaries that give the understanding of scale. The environment is used to capture light and provide people with an experience of good quality lighting; an artificial lighting solution that enhances the interior, considers the environment and economical factors, as well as fulfils the human need for light.

Both, Stommel Haus and leolightdesign respect the standards of low energy and sustainability.

Illuminating a timber house with often high ceilings open into the roof ridge and a lot of solid timber is not the easiest of tasks. The lighting consultants and designers from leolightdesign plan lighting solutions and sculpt light to suit the needs of the home owners.

Barbara Fischer-Clark of Stommel Haus UK says: "In our pursuit to continuously improve the product and ensure that our clients have a house of excellent quality with the unrivalled feel-good climate of a Stommel Haus, we found the need for good lighting very important. Leolightdesign are the ideal partners as their expert skills and understanding of architecture, light and health complement our skills to build contemporary timber houses for the benefit of home owners and a sustainable future."

Nuala Morris and Sandra Decker of leolightdesign say: "We believe that good quality lighting is an important part of architecture. Designing the lighting in a timber house is a wonderful and challenging task, revealing the beauty of the timber and underlining the craftsmanship of a Stommel Haus. Today we know from lighting research that the spectral energies of light fuel our body, regulate our biological clock and stimulate our emotional and mood states. We use our research knowledge, utilise the known benefits of light and translate them into unique lighting design solutions."



## Press Release Stommel Haus and leolightdesign

Peter Stone, Former Chairman of the Lighting Division of CIBSE says:

“Leolightdesign is a unique consultancy as it offers the professional skills of the lighting designer combined with a deep understanding of human responses to light and lighting. There are few practitioners with knowledge in this growing field of light and health and who also have the ability to interpret the scientific research into lighting design. These special skills place the leolightdesign consultants among the major design teams in this country.”

### About Stommel Haus

Stommel Haus GmbH is a premium manufacturer of energy efficient, solid timber houses. With 40 years of experience, the family business has proven that building with solid timber, energy efficiency, contemporary design and the attention to quality are no contradiction but lead to providing a modern, ecological and high quality product.



Nestled in the small town of Neunkirchen-Seelscheid near Cologne, Stommel Haus develops and produces their certified timber houses with high precision CNC machines. The houses are transported on site where they are erected by qualified teams and made wind and water tight typically within 5-7 days. The under-floor heating, heat pumps and the interior are then fitted by German craftsmen with only high quality branded products.

### About leolightdesign

Leolightdesign is an independent lighting design practice, who advise, design and research light and lighting for both commercial and residential projects.



Leolightdesign ensures that lighting regulations are met and that the right light is provided to guarantee best visibility. Furthermore they address the shortcomings in artificial light. Both lighting design partners have been actively involved in lighting research. Because they understand the physical, physiological, mental and emotional effects of light, they can integrate the benefits of light on health into unique lighting design solutions.

As an innovative lighting design practice they endeavour to provide good quality lighting so that people live, learn and work well in their homes and buildings. Leolightdesign aims to create lit environments that promote vitality.

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